







Lorenzo de' Medici Cooking School is located on the 1st floor of the Florence Central Market; it is equipped with professional workstations where participants can work in pairs, each participant will prepare their own dish.

#### **LESSON INCLUDES**

- Presentation of Lorenzo de' Medici Cooking School
- Introduction to recipes
- Methods and tips
- Seasonality of the ingredients
- Territory products
- Introduction to Nutrition facts
- Hands-on lesson
- Lunch or dinner with dishes prepared by participants

#### **PRICE INCLUDES**

The cooking class, the final tasting with water and a glass of wine, an apron with our logo, a folder with information material and recipes, certificate and insurance.







# 04 OCT



#### **ITALIAN PASTA MAKING**

80€

### **ITALIAN PASTA MAKING**

308

Handmade Tuscan pici with vegetarian sauce and Pecorino cheese.

- iiii Thursday, 2 October
- 11.00am-1.00pm

Handmade spaghetti alla chitarra with carbonara sauce.

- Saturday, 4 October
- () 11.00am-1.00pm

**07 OCT** 



## 10 OCT



#### **ITALIAN PASTA MAKING**

80€

Handmade potato ravioli with pork ragù.

- iiii Tuesday, 7 October
- (\) 11.00am-1.00pm

80€

-Handmade pumpkin gnocchi with Gorgonzola cheese sauce and nuts.

**AUTHENTIC ITALIAN GNOCCHI** 

- -Handmade potato gnocchi with fresh tomato sauce and smoked mozzarella cheese.
- Friday, 10 October
- 11.00am-1.00pm





# **12 OCT**



#### **PIZZA COURSE AND ITALIAN APERITIVO**

85€

### **ITALIAN PASTA MAKING**

308

-Pizza Margherita.

- -Fried pizza.
- -Italian cocktail.
- Friday, 10 October
- (\) 3.00pm-5.00pm

Handmade tagliatelle with beef ragù and Parmigiano cheese.

- Sunday, 12 October
- 6.00pm-8.00pm

# 16 oct



## 17 OCT



#### A REAL REGIONAL **EXPERIENCE: LIGURIA**

120€

- -Handmade trofie with basil pesto, potatoes and green beans.
- -Handmade Genovese focaccia.
- Thursday, 16 October
- (\) 4.00pm-7.00pm

308

Handmade tagliatelle with mushrooms, black truffle and Pecorino cheese.

Friday, 17 October

**ITALIAN PASTA MAKING** 

(\) 11.00am-1.00pm





## 21 OCT



#### **ITALIAN PASTA MAKING**

308

#### **ITALIAN PASTA MAKING**

308

Handmade potato gnocchi with king prawns, cherry tomatoes and majoram.

- Sunday, 19 October
- ( 5.00pm-7.00pm

Handmade lasagna with vegetarian ragù.

- Tuesday, 21 October
- 11.00am-1.00pm

23 OCT



25 OCT



#### **ITALIAN PASTA MAKING**

30€

Handmade tagliatelle with Bolognese beef ragù.

- Thursday, 23 October
- (1) 11.00am-1.00pm

**ITALIAN PASTA MAKING** 

308

Handmade cappelli d'alpino stuffed with ricotta cheese and spinach with truffle olive oil.

- Saturday, 25 October
- (\) 6.00pm-8.00pm





# 28 ост



#### **ITALIAN PASTA MAKING**

80€

#### **ITALIAN PASTA MAKING:** STUFFED PASTA AND LASAGNA 120€

Handmade spaghetti alla chitarra with Amatriciana sauce and Pecorino cheese.

- iiii Monday, 27 October
- ( 5.00pm-7.00pm

- -Handmade ravioli, tortelli and lasagna.
- -Butter and sage sauce, fresh tomato sauce and Bolognese ragù.
- Tuesday, 28 October
- (\) 10.30am-1.30pm

## **30 OCT**



31 OCT



#### **ITALIAN PASTA MAKING**

80€

#### **ITALIAN PASTA MAKING**

308

Handmade red wine pappardelle with beef ragù.

- Thursday, 30 October
- ( 5.00pm-7.00pm

Handmade cannelloni with ricotta and spinach.

- Friday, 31 October
- (\) 11.00am-1.00pm

**Lorenzo de' Medici Cooking School**, located inside the Central Market in Florence, is offering a new experience to everyone who loves food. Participants will work directly with the ingredients of the "Artisans of Taste". In addition to the practical aspects of the cooking and food preparation, chefs will share their passion for food together with the importance of top-quality ingredients and their nutritional values.







