







Lorenzo de' Medici Cooking School is located on the 1st floor of the Florence Central Market; it is equipped with professional workstations where participants can work in pairs, each participant will prepare their own dish.

### **LESSON INCLUDES**

- Presentation of Lorenzo de' Medici Cooking School
- Introduction to recipes
- Methods and tips
- Seasonality of the ingredients
- Territory products
- Introduction to Nutrition facts
- Hands-on lesson
- Lunch or dinner with dishes prepared by participants

#### **PRICE INCLUDES**

The cooking class, the final tasting with water and a glass of wine, an apron with our logo, a folder with information material and recipes, certificate and insurance.







### **01** JUL



### **ITALIAN REGIONAL CAKES**

85€

- -Handmade Neapolitan Pastiera.
- -Handmade Paradise cake.
- Monday, 1 July
- (\) 3.00pm-5.00pm

### **AUTHENTIC ITALIAN GNOCCHI**

308

- -Handmade gnocchi "alla Sorrentina".
- -Handmade four cheese gnocchi.
- Monday, 1 July
- 7.00pm-9.00pm

### **02 JUL**





#### **ITALIAN PASTA MAKING**

80€

Handmade tagliatelle with Bolognese beef ragù.

- Tuesday, 2 July
- ( 6.00pm-8.00pm

## **03 JUL**

### **TRADITIONAL ITALIAN SCHIACCIATA**

80€

- -How to make a delicious homemade schiacciata.
- -Local cured meat and cheese tasting.
- Wednesday, 3 July
- (\) 3.00pm-5.00pm





## **05 JUL**



# THE MARKET TOUR EXPERIENCE

110€

- -Buy the ingredients you need with a professional chef.
- -Handmade ravioli stuffed with eggplant and burrata cheese in a tomato sauce.
- iiii Thursday, 4 July
- 10.00am-1.00pm

### **ITALIAN PASTA MAKING**

308

Handmade cavatelli with zucchini cream, burrata cheese and baked cherry tomatoes.

- Friday, 5 July
- () 11.00am-1.00pm

## **07 JUL**



# 08 JUL



#### **ITALIAN PASTA MAKING**

80€

Handmade ricotta and spinach gnudi, with browned butter and sage.

- Sunday, 7 July
- ( 6.30pm-8.30pm

#### **ITALIAN PASTA MAKING**

80€

Handmade potato gnocchi with saffron, taleggio fondue and raw zucchini.

- iiii Monday, 8 July
- (\) 7.00pm-9.00pm





## **12 JUL**



#### ITALIAN PASTA MAKING

Handmade fusilli alla Norma.

- **Wednesday**, 10 July
- (\) 7.00pm-9.00pm

### 80€ PIZZA COURSE

80€

How to make a delicious homemade pizza.

- Friday, 12 July
- ( 11.00am-1.00pm

### **12 JUL**



80€

## **14** JUL



#### **ITALIAN PASTA MAKING**

Handmade spaghetti alla chitarra with Amatriciana sauce.

- Friday, 12 July
- (\) 6.00pm-8.00pm

## ITALIAN PASTA MAKING

80€

Handmade trofie with Genovese pesto, green beans and potatoes.

- Sunday, 14 July
- (\) 11.00am-1.00pm





80€

## 18 JUL



#### **ITALIAN PASTA MAKING**

Handmade taqliolini with swordfish, fresh cherry tomatoes and mint.

- Tuesday, 16 July
- (\) 7.00pm-9.00pm

### **ITALIAN PASTA MAKING**

308

Handmade orecchiette with olives, anchovies, cherry tomatoes and flavoured breadcrumbs.

- Thursday, 18 July
- (L) 6.00pm-8.00pm

**19 JUL** 



**21 JUL** 



#### **ITALIAN PASTA MAKING**

80€

Handmade ravioli stuffed with potatoes served with a rich tomato sauce.

- Friday, 19 July
- (\) 11.00am-1.00pm

#### **ITALIAN PASTA MAKING**

30€

Handmade tagliolini with cheese fondue and truffle.

- Sunday, 21 July
- 11.00am-1.00pm





80€

### **22 JUL**



### **ITALIAN PASTA MAKING**

Handmade lasagne with zucchini and zucchini flower ragù.

- Sunday, 21 July
- () 6.00pm-8.00pm

# ITALIAN PASTA MAKING

908

Handmade tagliatelle with ricotta cream, anchovies and chopped hazelnuts.

- Monday, 22 July
- (\) 7.00pm-9.00pm

## **24 JUL**



80€

## 26 JUL



#### **ITALIAN PASTA MAKING**

Handmade Tuscan pici with a vegetarian ragù.

- Wednesday, 24 July
- ( 5.00pm-7.00pm

80€

Handmade basil scialatielli "allo scoglio" (with seafood).

- Friday, 26 July
- (\) 11.00am-1.00pm

**ITALIAN PASTA MAKING** 





### **ITALIAN PASTA MAKING**

80€

Handmade cappelli d'Alpino stuffed with ricotta and spinach with pecorino di fossa cheese cream sauce.

- Sunday, 28 July
- ( 6.00pm-8.00pm

The new **Lorenzo de' Medici Cooking School**, located inside the Central Market in Florence, is offering a new experience to all those who love food. Participants will work directly with the ingredients of the "Artisans of Taste". In addition to the practical aspects of the cooking and food preparation, chefs will share their passion for food together with the importance of top-quality ingredients and their nutritional values.







