







Lorenzo de' Medici Cooking School is located on the 1st floor of the Florence Central Market; it is equipped with professional workstations where participants can work in pairs, each participant will prepare their own dish.

#### **LESSON INCLUDES**

- Presentation of Lorenzo de' Medici Cooking School
- Introduction to recipes
- Methods and tips
- Seasonality of the ingredients
- Territory products
- Introduction to Nutrition facts
- Hands-on lesson
- Lunch or dinner with dishes prepared by participants

#### **PRICE INCLUDES**

The cooking class, the final tasting with water and a glass of wine, an apron with our logo, a folder with information material and recipes, certificate and insurance.





## O1 MAR



## **03 MAR**



### **TUSCAN SOUP AND RISOTTO**

120€

## **ITALIAN PASTA MAKING**

308

-Bean soup.

-Saffron risotto.

Friday, 1 March

( 10.30am-1.30pm

Handmade Tuscan pici "all'aglione".

- Sunday, 3 March
- (\) 6.00pm-8.00pm

## **08 MAR**



## **09 MAR**



#### **ITALIAN PASTA MAKING**

80€

Handmade trofie with basil pesto, potatoes and green beans.

- Friday, 8 March
- () 6.00pm-8.00pm

### **PASTRY COURSE**

85€

Sicilian cannoli stuffed with classic ricotta and pistachio.

- Saturday, 9 March
- (\) 2.30pm-4.30pm



## **10 MAR**



## 16 MAR



### **ITALIAN PASTA MAKING**

30€

#### **FISH COURSE**

95€

Handmade gnocchi "alla Sorrentina".

- Sunday, 10 March
- ( 6.00pm-8.00pm

Il Cacciucco Livornese: Tuscan fish soup

Saturday, 16 March

( 6.00pm-8.00pm

with toasted bread.

## **17 MAR**



## **22 MAR**



30€

#### **ITALIAN PASTA MAKING**

80€

**PIZZA COURSE** 

Handmade vegetarian lasagne.

- Sunday, 17 March
- (\) 11.00am-1.00pm

- How to make the authentic Italian pizza.

Friday, 22 March

- (\) 2.30pm-4.30pm



## **24 MAR**



## 27 MAR



### **ITALIAN PASTA MAKING**

308

#### **ITALIAN PASTA MAKING**

308

Handmade saffron malloreddus with pork ragù and mushrooms.

- Sunday, 24 March
- (\) 7.00pm-9.00pm

Handmade black-ink squid tagliolini with calamari and fresh tomatoes.

- Wednesday, 27 March
- 11.00am-1.00pm

## **29 MAR**



## 30 MAR



#### **ITALIAN PASTA MAKING**

30€

Handmade pappardelle with beef ragu and pecorino cheese.

- Friday, 29 March
- 11.00am-1.00pm

## **ITALIAN PASTA MAKING**

308

Handmade ravioli stuffed with sea bass and potatoes with fresh tomato sauce.

- Saturday, 30 March
- (\) 7.00pm-9.00pm



## **31 MAR**



# ITALIAN TRADITIONAL EXPERIENCE

120€

- -Handmade spaghetti "alla Amatriciana".
- -Supplì.
- Sunday, 31 March
- (\) 5.00pm-8.00pm

The new **Lorenzo de' Medici Cooking School**, located inside the Central Market in Florence, is offering a new experience to all those who love food. Participants will work directly with the ingredients of the "Artisans of Taste". In addition to the practical aspects of the cooking and food preparation, chefs will share their passion for food together with the importance of top-quality ingredients and their nutritional values.







